



FACULTY OF
NATUROPATHY
& YOGIC SCIENCE



SGT UNIVERSITY
SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR



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GLOBAL SCENARIO

Recent years have seen an extraordinary increase in consumer demand for safe, effective, and cost-effective natural health care. Naturopathy and Yogic Sciences have emerged as the health-care profession best suited to meet this demand, with naturopathic doctors trained in the art and science of both naturopathic and conventional medicines. Naturopathic medicine is now recognized as one of the original systems of medicine offering safe, effective patient-centered care that is a vital part of healthcare in the twenty-first century.

INTRODUCTION

Naturopathic medicine promotes the body to rejuvenate and recover by enhancing its own healing capacity by providing and enabling a favorable internal mechanism in the physical and mental sphere. It also educates and empowers individuals to make lifestyle changes necessary for the best possible health. Our professionally designed academic programs on Naturopathic Medicine provide a rigorous, systematic, comprehensive clinical training and along with ground breaking workouts in applied aspects which are well oriented with research methodology. We train physicians for the future with a serious commitment to contribute towards the globally accepted concept of integrative holistic healthcare. SGTU always strives to create innovative leaders in the field of Naturopathic Medicine and Yogic Sciences

Why Naturopathy & Yogic Sciences?

Naturopathic medicine is a system that uses natural remedies with a rational to help the body to heal itself. It embraces many therapies, inclusive of manipulative therapies, hydrotherapy, fasting therapy, magneto therapy, mud therapy, heliotherapy, colour therapy, yoga therapy, acupuncture, physical therapy, and nutritional counseling. Modern Naturopathy was brought to the World from Germany in the 1800s, but some of its treatments are centuries old. Today, it combines traditional treatments with modern science. The goal of Naturopathic medicine is to treat the whole person -- that means mind, body, and soul. It also aims to heal the root causes of an ailment not just the symptoms. Naturopathic doctors may spend substantial time examining the patient through case history, stress levels, lifestyle habits and also clinical lab investigations wherever required through innovations, projects by connecting disciplines, research, and academics reinforcing essential and important concepts of Yoga therapy and Naturopathic Medicine



SGT Advantages:

- Delhi NCR's & Haryana's first Naturopathic College
- Approved by University Grants Commission (UGC), State AYUSH Board (Haryana), CCRYN, Ministry of AYUSH, Govt. of India
- The successful students passing out from the college get their State/Central Degree Registration from CCRYN (Central Council for Research in Yoga & Naturopathy), Ministry of AYUSH, Govt. of India
- Lush green campus with all required amenities to meet student's educational needs
- Well connected transportation system from all over Delhi NCR and Haryana surrounding localities to SGT University
- Giving a "home away from home" feeling to our residential students, SGT University has embraced the campus life with homely facilities like shopping complex, food courts, recreational centers, indoor and outdoor sports facilities
- SGTU believes in overall grooming and development of its students
- SGTU provides academic system that facilitates learner to cater student's creativity and show research potentials

Career Opportunities

After the successful completion of B.N.Y.S. program, the graduate has a wide range of career opportunities:

- Grade 'A' Physician
- Naturopathic Physicians / Consultants
- Medical Researcher
- Holistic Wellness Consultants in Medi-Spa/Wellness Retreats etc
- Corporate Wellness & Yoga Consultant / Stress Management Consultant
- Life Style Interventionist in various disciplines like Cardiology / Obesity / Fitness / Endocrinology etc.
- Acupuncture Physician
- Academics / Teaching faculty in Naturopathic Institutions
- Hospital Administrator/ Entrepreneur
- Govt. jobs at PHC, District hospital, AIIMS, NAM etc

Centre of Excellence

1. Highly qualified and experienced faculty equipped with strong academic advising Committee.
2. The state of art campus facilities like – multimedia enabled lecture & seminar halls, library with digital material along with round the clock online support services, playground and Yoga hall.
3. Students train extensively at our various clinical institutions like SGT Naturopathy & Yoga OPD and Wellness center, SGT Allopathic Hospital and SGT Ayurveda and Homeopathic Hospitals
4. A well developed academic program with well equipped spacious boarding and lodging with all facility is provided for the students.
5. A multi-disciplinary curriculum allows students to explore various natural health care modalities.
6. A campus capable to accommodate and cater to a diverse student body from all across the country.

Serving Community & Research

To benefit humanity through patient care, education research and support the communities in which we live and work. Faculty of Naturopathy & Yogic Sciences is associated with the research organizations which are Centre of Excellence.



Eligibility Criteria, Duration, Intake and Fee

S.No.	Course Name	Annual Intake	Duration	Eligibility Criteria	Fee (Rs.)
1	Bachelor of Naturopathy & Yogic Sciences	60	4½ Years + 1 Year internship	10+2 with 50% marks in Physics, Chemistry and Biology taken together	70,000/- (Per Year)
2	Diploma in Naturopathy & Yogic Sciences	60	4 Semester	10+2 with 50% marks in Physics, Chemistry and Biology taken together	35,000/- (Per Sem)

Relaxation in eligibility for SC students of Haryana state only and reservation of seats will be as per government rules.

Note : Other than the fee mentioned above, the students are required to pay Rs. 10,000/- (One Time Refundable) as Caution Money scholars) and Rs. 2,500/- (One for Alumni registration).